

Aromatherapy Paraffin Pack

☼ Hands or Feet Paraffin Pack **\$30**

☼ Hands and Feet Paraffin Pack **\$50**

Treatment Steps

1. We thoroughly massage your hands and/or feet using our hand or foot cream respectively.
2. We use a paraffin wax blend pack made from the natural secretions of honeybees, rose and ylang ylang, on your hands and/or feet. Bee wax is famous for its moisturising, sterilising and softening properties. The rose and ylang ylang are both flowers with relaxing scents and their addition assists in soothing and hydrating the skin. Combined with paraffin wax, these ingredients also help our packs assist with circulation.



Recommended for...

- People with cold hands and/or feet
- People who desire beautiful skin
- People who want to improve their circulation
- People who want to relax, but have limited time for treatments



Miki Therapeutics
j a p a n

Phone: 03-9532-8890

Address: 576A Glenhuntly Road
Elsternwick VIC 3185

Mon-Wed: 10:00-18:00

Thu & Fri: 10:00-By appointment

Sat: By appointment only

Payment: VISA, MasterCard, EFTPOS, Cash.

HP: www.mikitherapeutics.com.au



Gift Voucher Available

Smooth and Revitalise Your Skin!

Please Note:
All of our massage treatments include a complimentary offer of Miki's tea ceremony.

||||| *The Secret of Rice Bran* |||||



In ancient times, Japanese people had a very close relationship with rice and it was the major dish of sustenance as it was the only carbohydrate rich food available to them. One of the by-products of rice is rice bran, which was used by women during beauty treatment. In particular, it was known for making the skin more beautiful without the need for cosmetics. This wisdom was passed down through the generations from mother to daughter, and so is still widely believed today.

Scientifically, this can be explained by the presence of Oleic acid and Linoleic acid in rice bran. These two acids have both anti-oxidant and preservative properties. Rice bran also contains a large quantity of vitamin E, which is known to aid the vitamin C occurring naturally in your skin in improving the appearance of your skin, making it more beautiful and youthful looking.

The modern treatment utilised by Japanese women uses this ancient wisdom and couples it with the gommage by taking rice bran oil and soaking it into organic clay. This rice bran soaked clay is then applied to the skin and rubbed in gently using a herb-filled scrubbing bag. When the gommage is removed, it takes with it the outer layer of dead skin, leaving your skin feeling refreshed and revitalised. Finally, we apply silk cream to your skin for moisturisation.

Rice Bran Gommage

- ⊗ **BACK** **\$40**
To smooth and beautify your back.
- ⊗ **LEGS** **\$40**
For those who want their knees and ankles looking beautiful.
- ⊗ **ARMS** **\$35**
To obtain soft and smooth elbows.
- ⊗ **DECOLLETE (UPPER CHEST)** **\$35**
To create that beautifully smooth expanse of skin when wearing a dress.
- ⊗ **FULL BODY** **\$130**
All of the above in one treatment.

Rice Bran Gommage + Japanese Aromatherapy

As your skin will be clean and soft after the gommage treatment, it is a most propitious time to apply aromatherapeutic oil as your skin will become as soft as a baby's.

WE RECOMMEND:
Gommage BACK + Japanese Aromatherapy (60min) : \$110